

Kindness Desk Challenges

2nd-4th



Encourage kindness!

Surprise students with individual kindness challenges attached to their desks!



Use alongside a class lesson, to encourage kindness, or with any kindness event

Your Kindness Challenge is to:

Help someone who looks like they need help

Your Kindness Challenge is to:

Let someone go ahead of you in line

Your Kindness Challenge is to:

Give 3 people a high five

Your Kindness Challenge

Hold the door for someone

Your Kindness Challenge is to:

Smile at 3 people



Kylie The Creative Social Worker

What's Included:

- 30 challenges in 2 different styles
- Completion reminder chart
- Completion certificate (color & BW)
- Optional reflection

Kindness Challenge Reflection

Name _____

Directions: Answer each question, then discuss.

1. What was your challenge? _____
2. Did you complete your challenge? _____
3. Who did you do your challenge for? _____
4. How did completing your challenge make you feel? _____
5. Did you like this activity? Why or why not? _____
6. During the time you were asked to complete this challenge, did you do any other acts of kindness? If so, what were they? _____

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Mrs. Brown's Kindness Challenge

Incomplete Challenges

Completed Challenges