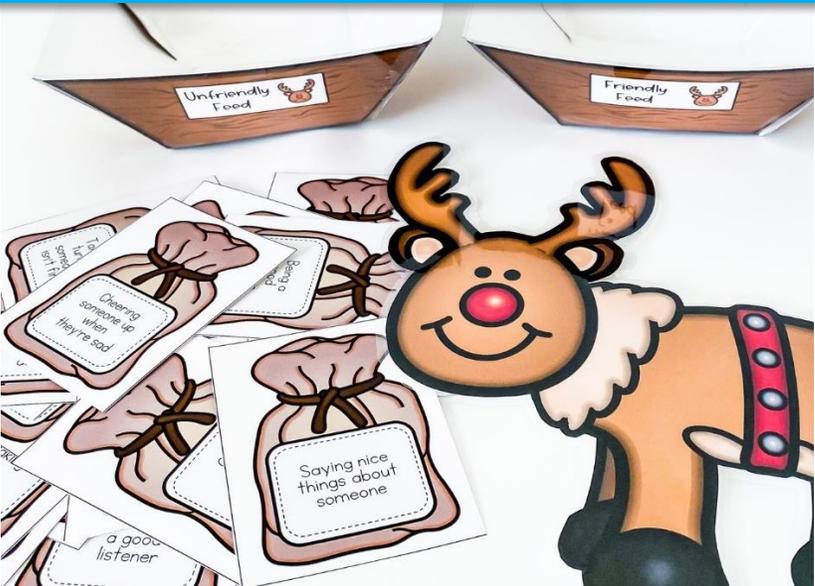


14 Activities



Topics Included:

- ✔ Meet the Social Worker/Counselor
- ✔ Personal Space
- ✔ Social Skills
- ✔ Expected & Unexpected Behaviors
- ✔ Healthy & Unhealthy Coping Skills
- ✔ Friendship
- ✔ Kindness
- ✔ Responsibility
- ✔ Self-Control
- ✔ Coping Skills
- ✔ Circle of Control
- ✔ Healthy Choices
- ✔ Parts of a Conversation
- ✔ Summer Safety

This bundle:

- ➔ Is hands-on
- ➔ Introduces and reviews material in a fun way
- ➔ Is perfect for categorization IEP goals
- ➔ Can be used all year
- ➔ Is low-prep
- ➔ Saves you money buying different materials





How can I use these?

- ✓ Individually, in small groups, or with classes
- ✓ To introduce or review material
- ✓ As a supplement to any book or lesson
- ✓ And more!



Each set comes with:

- ✓ A topic introduction page
- ✓ 3D templates or sorting mats
- ✓ Pieces to sort
- ✓ Blank pieces to write your own
- ✓ A coloring page
- ✓ A lesson plan

help snowball!

Snowball the polar bear needs to reach his family. They are waiting for him on the other side of the water but he is afraid to swim. Help Snowball by placing ice for him to walk across. Sort the self-control choices onto the right mat.



Self-control means to stop yourself from doing something when someone says something.

FREEZE

Blurting or interrupting	Touching things in the hallway	Pushing or hurting someone when angry
Making faces at a friend in class	Racing to be first in line	Taking something without asking
Saying mean words	Talking in a silly voice	Ripping your paper when angry
Throwing something	Standing too close to someone when excited	Talking to someone when the teacher is teaching
		Tattling
		Lying

in self-control



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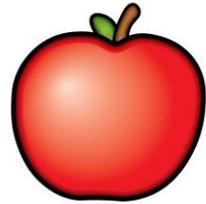
Can you help Drake?

Drake is feeling tired and yucky today. Last night, he stayed up *all night* making ice cream sundaes. This morning, he forgot to brush his teeth. And now, he got in trouble for not listening to his teacher. Can you help Drake learn about healthy choices?



Sort the healthy choices onto the plate and the unhealthy choices into the garbage can.

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Eating Healthy Foods



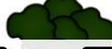
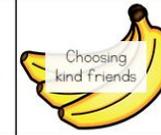
Drinking Healthy Drinks



Wearing a helmet

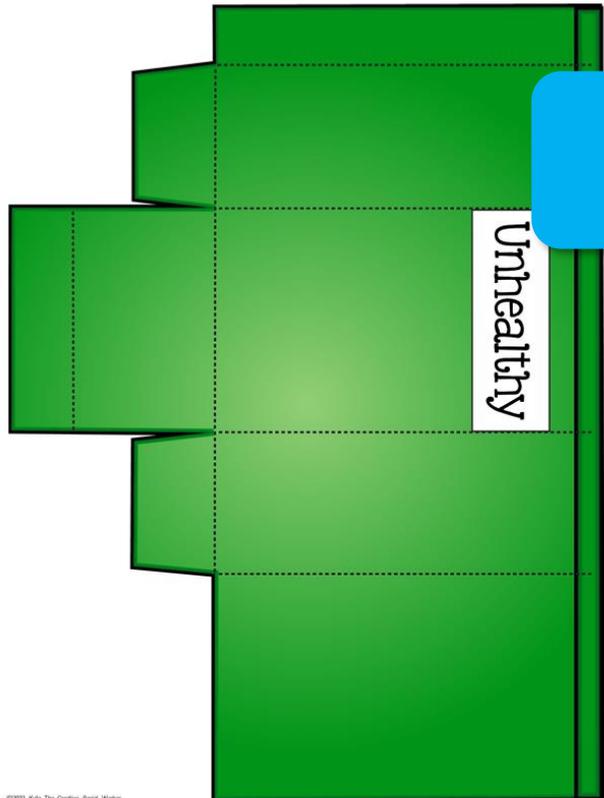


Getting enough sleep



Brushing your teeth

Example Materials

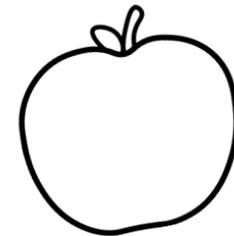
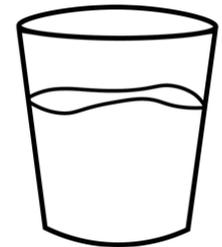


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I can make healthy choices!



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What I Can and Can't Control

Sometimes things can happen that you don't like. Maybe you didn't get your way when you were playing with a friend. Maybe someone else got to do something you didn't. Those are things you can't control.

When something happens that you can't control, you might wish you could change it, or use a wand with magical powers to make it different. But you can't control

When something you can't control, a calm choice to get you can think of things you can control.

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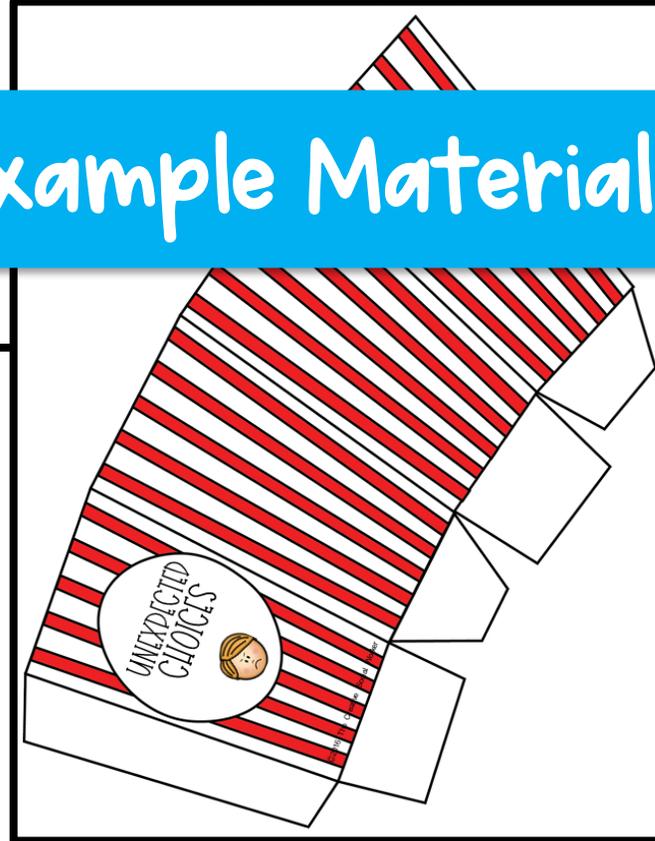
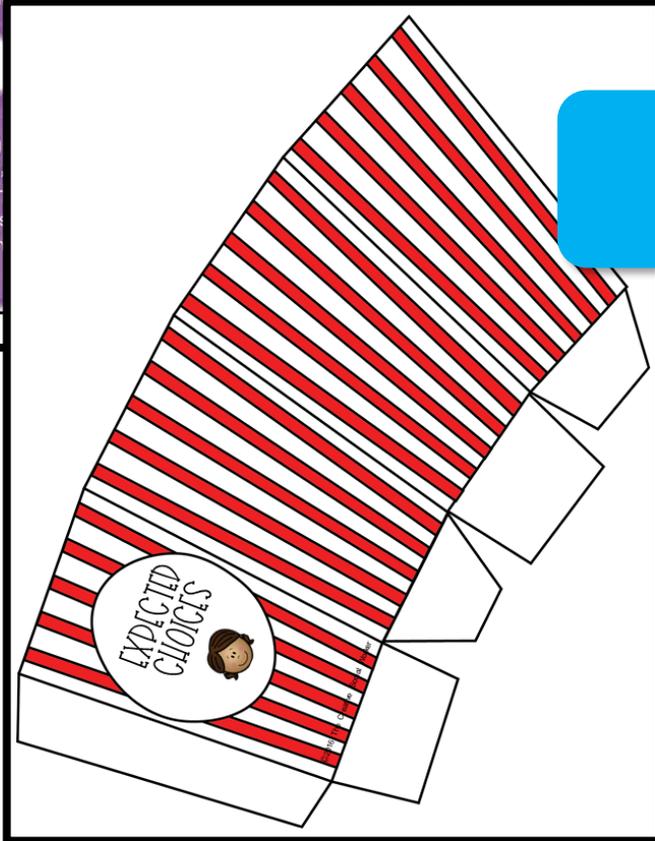


Sort what you can control inside the circle and what you can't control outside of the circle.

Can control

Your skin color	Who your friends are	Who your family is
Your eye color	The weather	Your favorite color
Who your teacher is	Doing your best work	How you react

Example Materials



Staying in your seat	Sitting on your bottom	Picking up your toys
Throwing away your garbage	Keeping your hands to yourself	Walking with your hands at your sides
Using an indoor voice	Not rocking in your chair	Using nice words
Listening to the teacher	Walking to the bus	Staying on the playground

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Why I Love These:

- 📢 I can use them in any student setting
- 📢 They make sorting activities more engaging and interactive with the use of 3D templates
- 📢 They are easy for students to understand
- 📢 They expose students to several specific examples related to a skill
- 📢 I can collect clear data on a student's understanding of a skill

Extras to Note:

- ✅ All materials come in color and black & white
- ✅ Each set includes a lesson plan, SEL competencies met, and ISBE SEL standards met
- ✅ b also include a digital version



FAQ:

Question: How should I store these?

Answer: Use tape or Velcro to assemble 3D bags/boxes for easy break down and store in a page protector in a binder

What others are saying...

"My students love these lessons!! They are interactive and fun all while applying the skills we have been working on. They are also great tools to check student knowledge!" -Melissa J.

"My kids have LOVED these lessons! Low prep and lots of fun!"
-Jocelyn F.

"I used this with several small groups and individual lessons. There are so many activities for a variety of topics. I was pleased with the variety"
-Sparking Curiosity





About the Author

Hi there, I'm Kylie! I have several years of experience working with EC-8th grade - mostly at the same time! I have my Master's in Social Work and Bachelor's in Psychology. In college, I worked and taught classes at a chain craft store. I'm all about data and use research to guide my lessons, but I also use my creative knowledge to think outside the box and help students connect to material on a deeper level. I hope you enjoy this resource as much as my students and I have!



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